



A Q U A B L U E
B E A U T Y & C L I N I Q U E S P A

WELLNESS THERAPIES



Aqua Blue Beauty & Clinique Spa at Hotel Vivid Blue Serenity Resort offers a world of Health, Beauty and Relaxation by 'Pure Pampering'. Our natural approach combines the traditional therapeutic principles and the ancient western art of Aromatherapy, providing our guests with the experience of rejuvenation and relaxation.



Aqua Blue Beauty & Clinique Spa u Hotelu Vivid Blue Serenity Resort je oaza zdravlja, ljepote, opuštanja i ugađanja. Naš prirodni pristup spaja tradicionalne terapijske principe i drevnu zapadnjačku umjetnost aromaterapije, pružajući našim gostima iskustvo pomlađivanja i potpunog opuštanja.

WELLNESS THERAPIES

Wellness Terapije

HEALING SIGNATURE MASSAGE

60/90 minutes / 90/135 €

Relax with our Signature massage that uses a mix of Swedish, Balinese and Aroma techniques of rhythmic continuous strokes of the palms, fingertips and effleurages that stimulate blood circulation. The combination of oil and massage techniques will refresh and renew your body. The right treatment after a long drive or walk which will make you feel relaxed and rejuvenated.



Opustite se uz našu "Signature" masažu koja koristi mješavinu aroma iz Švedske i Balija i tehnike ritmičkih pokreta dlanovima, vrhovima prstiju i pritiska koji podstiču cirkulaciju krvi. Kombinacija ulja i tehnika masaže osvježice i obnovice vaše tijelo. Ovo je pravi tretman nakon duge vožnje ili šetnje koji će učiniti da se osjećate opušteno i pomlađeno.

AROMATIC MASSAGE

60 minutes / 80 €

Special blend of essential oils penetrates the skin through massage strokes which stimulate the blood flow and muscles while enriching the skin with the oils' natural properties. This massage generates a warming sensation, improves blood circulation and relieves muscle aches.



Posebna mješavina esencijalnih ulja, uz kombinaciju dodira, prodire kroz kožu stimulirajući cirkulaciju i mišiće i ujedno hrani kožu ljekovitim svojstvima ulja. Ova masaža objedinjuje osjećaj zagrijavanja, podstiče cirkulaciju krvi i oslobađa tijelo od bolova u mišićima.

DEEP TISSUE MASSAGE

60 minutes / 90 €

This is a deep tissue massage using medium-depth strokes to reach inner layers of muscles. It aims to release the chronic patterns of tension (knots) in the body through slow, deep strokes.



Duboka masaža tijela, u kojoj se pomoću pritiska jačine po vašem izboru, dopire do dubljih slojeva mišića. Cilj je otpustiti hronične obrasce napetosti čvorova u tijelu kroz lagane, duboke poteze.

THAI MASSAGE (WITHOUT OIL)

75 minutes / 105 €

Thai massage uses gentle pressure and stretching techniques to loosen up the entire body. This massage aims to promote the circulation of both blood and lymph, release blockages and stretch the muscles leaving the body relaxed, energetic and flexible.



Tajlandska masaža koristi tehnike nježnog pritiska i istezanja za opuštanje cijelog tijela. Ova masaža ima za cilj da podstakne cirkulaciju krvi i limfe, otpusti blokade i istegne mišiće, čineći tijelo opuštenim, energičnim i fleksibilnim.

TRADITIONAL SWEDISH MASSAGE

60 minutes / 80 €

Swedish Massage is a therapy that focuses on long strokes, kneading and friction motions to encourage proper circulation. The goal is to invigorate the body and improve blood circulation in order to induce relaxation through muscle soothing.



Švedska masaža je terapija koja se fokusira na duge poteze, gnječenje i pokrete trenja kako bi se podstakla pravilna cirkulacija. Cilj je okrijepiti tijelo i stimulirati cirkulaciju, da bi se čvrsti mišići opustili.

FOOT MASSAGE

30 minutes / 45 €

An amazing therapy after a hectic and long day as pressure is applied to specific reflex points on the foot. These points correspond to organs and areas of the body helping to alleviate sore soles and arches.



Sjajna terapija nakon napornog i dugog dana jer se vrši pritisak na određene refleksne tačke na stopalima. Te tačke su povezane sa određenim organima i dijelovima tijela, pa pomažu u ublažavanju bolova na tabanima i lukovima stopala.

INDIAN HEAD & SHOULDER MASSAGE

30 minutes / 45 €

Traditional techniques of Indian style have been used to ease the tension from the upper body parts, especially neck and shoulders. The thumb pressure and circular movements help you release the stress and neck tension.



Tradicionalna indijska tehnika koristi se za otpuštanje tenzije u gornjim dijelovima tijela, posebno vrata i ramena. Pritisak palcem i kružni pokreti pomažu da se vrat oslobodi stresa i napetosti.

SOOTHING BACK & NECK MASSAGE

30 minutes / 55 €

Specially designed for relieving the back muscles of soreness and improving the blood circulation in lower back area with thumb and knuckles deep pressure. This massage will loosen up your back and leave you feeling refreshed.



Posebno dizajnirana za ublažavanje bolova u mišićima leđa i poboljšanje cirkulacije krvi u donjem dijelu leđa dubokim pritiskom palca i zglobova. Ova masaža će vam opustiti leđa i osvježiće vas.

COFFEE & HONEY SCRUB

30 minutes / 45 €

By using natural ingredients such as Coffee, Honey, Sugar and Yoghurt this scrub will remove dead skin cells, deeply nourish your skin, and leave you with a radiant, glowing complexion.



Korištenjem prirodnih sastojaka kao što su kafa, med, šećer i jogurt, ovaj piling će ukloniti mrtve ćelije kože, dubinski nahraniti vašu kožu i vratiti joj blistavi sjaj.

BODY TREATMENTS



MASSAGE BATH

30 minutes / 35 €

Enjoy hydro-massage in a high-performance automatic bathtub with 240 air and water emulsion nozzles. NIAGARA III provides an active deep tissue underwater massage with cascading pulses of running water to 6 body zones.



Uživajte u hidromasaži u automatskoj kadi visokih performansi sa 240 mlaznica za vazduh i vodu u emulziju. NIAGARA III pruža aktivnu podvodnu masažu dubokog tkiva sa kaskadnim impulsima tekuće vode u 6 zona tijela.

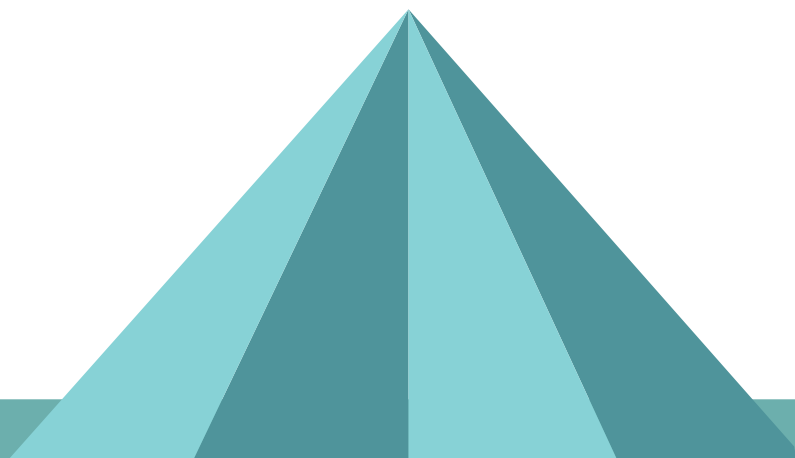
VICHY SHOWER

20 minutes / 35 €

An invigorating Vichy shower experience serves to enhance quality of life by improving blood circulation and lymphatic flow strengthening the immune system, improving the metabolism and detoxifying.



Okrepljujuće iskustvo tuširanja Vichy služi za poboljšanje kvaliteta života povećanjem cirkulacije krvi i protoka limfe, jačanjem imuno sistema, poboljšanjem metabolizma i detoksikacije.



The image features an abstract geometric design. The background is a solid brown color. Overlaid on this are several overlapping triangles and polygons in various shades of teal and light blue. The shapes are arranged in a way that creates a sense of depth and movement, with some shapes appearing to recede into the background while others come forward. In the upper right corner, the text "SPA PACKAGES" is written in a white, serif font. The overall aesthetic is clean, modern, and sophisticated.

SPA PACKAGES

SPA PACKAGE RITUAL

75 Minutes / 100 €

A complete pampering session beginning with body scrub to clean your skin and refreshes leaving the skin delicately scented. Treatment for body including marine algae wrap is followed by a mini facial so that you emerge renewed and rejuvenated.

Mini facial
Foot massage
Hand massage



Potpuna seansa započinje osvježavajućim pilin-gom kože, čineći je glatkom i mirisnom. Zatim slijedi pakovanje za tijelo od morskih algi i mini tretman lica kako biste izašli energizovani i podmlađeni.

Mini masaža lica
Masaža stopala
Masaža ruku

OCEAN ROMANCE FOR COUPLE /

ZA DVOJE

150min / 350 €

Your journey of romance will begin with skin exfoliation using natural ingredients suitable for your skin type followed by a full body massage which enhances your total wellbeing as blood circulation improves and the stress melts away. Leave the world behind while you indulge in a session of relaxation with your choice of treatments to make you feel refresh and rejuvenated.

Spa Bath
Relaxation with a refreshment
Body Scrub
Massage



Vaše romantično putovanje započinje pilingom kože, korištenjem prirodnih sastojaka prikladnih za vaš tip kože, nakon čega slijedi masaža cijelog tijela koja poboljšava vaše cjelokupno blagostanje. Poboljšava se cirkulacija krvi i stres nestaje. Prepustite se seansi opuštanja uz odabir posebnog tretmana kako biste se osjećali osvježeni i podmlađeni.

SPA kupka
Relaksacija sa osvježenjem
Piling tijela
Masaža

HEAD FACE & DÉCOLLETÉ MASSAGE

45 minutes / 60 €

Experience the wonderful, relaxing effect of a gentle massage for the head, face and décolleté area with essential oils and enjoy the feeling of firm skin, with this massage focusing particularly on relieving muscle tension in these areas.



Doživite predivan, opuštajući efekat nježne masaže glave, lica i dekoltea sa eteričnim uljima i uživajte u osećaju zategnute kože i ublažavanju napetosti mišića na ovim područjima.

DETOX TREATMENT TOP TO TOE

90 minutes / 125 €

This 100% pure and natural patented algae cream is rich in minerals, vitamins and trace elements and contributes to a fit body and overall revitalization. The benefits of this treatment include detoxification, body contouring, skin tightening and skin smoothing.



Ova 100% čista i prirodna, patentirana krema od morskih algi bogata je mineralima i vitaminima, te pomaže u zatezanju tijela i opštoj revitalizaciji. Prednosti ovog pakovanja uključuju detoksikaciju, oblikovanje tijela, zatezanje i omekšavanje kože.

ESPRESSO FACIAL

45 minutes / 75 €

This facial treatment gives you a subtle glow in a very short time. It refreshes intensively and reduces the feeling of dry skin. It is enough to correct small imperfections on the skin's surface, blackheads, open pores and fine lines. A mini facial treatment restores blood circulation in the skin layers and improves the skin's appearance.



Ovaj tretman lica vam daje suptilan sjaj za veoma kratko vrijeme. Intenzivno osvježava i smanjuje osjećaj suve kože. Dovoljan je da koriguje male nesavršenosti na površini kože, mitesere, otvorene pore i fine bore. Mini tretman lica obnavlja cirkulaciju krvi u slojevima kože i poboljšava izgled kože.

HYDRATING SILKY & SMOOTH scrub & wrap

75 minutes / 110 €

Warm organic Shea butter, Dehydroacetic acid and Glycerin are massaged onto your body after which you are wrapped in a cocoon, soaked in antioxidant vitamin E in order to soothe, plump, and smoothen the skin. This treatment helps promote hydration, deep relaxation and helps moisturize your body.



Topli organski shea puter, dehidrosirćetna kiselina i glicerina umasiraju se na vaše tijelo nakon čega ste umotani u čauru, natopljenu antioksidirajućim vitaminom E kako bi se vaša koža umirila, zategnula i postala glatka. Ovaj tretman pomaže u podsticanju hidratacije i dubokog opuštanja vašeg tijela.

ENJOY
YOUR STAY





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